



Global
PEACE
Chain



EVENT REPORT

LEADERSHIP MANAGEMENT & CONFLICT RESOLUTION

2024

TABLE OF CONTENT

Event Motives

Areas Covered

Acknowledgment

Message from Organizing Committee

Background of Global Peace Chain

Introduction to LMCR

Delegates Arrival and Check-in

Day 1

Day 2

Day 3

Departure

Key Take Away

Achievements of LMCR

Feedback and Testimonials from Delegates

Future Recommendations and Next Steps





EVENT MOTIVES

The Leadership Management & Conflict Resolution Certification at Cambridge University, hosted by Global Peace Chain, emerged from an urgent need to equip the next generation of global leaders with the skills required to navigate a fractured world. In an era marked by escalating international tensions and deeply entrenched regional conflicts, the program sought to empower 120 young delegates from over 80 countries with the tools necessary to promote peace through empathetic leadership and strategic conflict resolution. In the hallowed halls of Cambridge, renowned for its centuries-old legacy of shaping world leaders, these young minds were equipped with leadership skills and conflict-resolution techniques that could change the course of history. Through this unparalleled initiative, GPC has once again proven that the impossible can be achieved when youth are united under the banner of global harmony.



AREAS COVERED

- Highlighting the significance of leadership and trust-building.
- Enhancing strategic communication and body language.
- Promoting teamwork for social entrepreneurship.
- Exploring emotional intelligence in resolving conflicts.
- Mastering personal emotions and recognizing conflicts.
- Utilizing empathy to deescalate situations.
- Empowering individuals for win-win conflict resolution.
- Emphasizing mental health for conflict prevention.
- Applying systemic thinking to conflict resolution.

ACKNOWLEDGMENT

First and foremost, we extend our heartfelt gratitude to God Almighty, the divine force that instilled the seeds of empathy within us, empowering our commitment to alleviating the suffering of those around us. Echoing the profound words of Martin Luther King,

“We must learn to live together as brothers or perish together as fools”,

the Leadership Management and Conflict Resolution Certification at Cambridge 2024 illustrated the remarkable impact achieved by a collective of passionate young leaders, all dedicated to transforming the world for the better.



MESSAGE FROM THE ORGANIZING COMMITTEE

We extend our heartfelt gratitude to all participants, speakers, and partners who contributed to the success of the Leadership Management and Conflict Resolution Certification at Cambridge 2024. This was not merely a certification but the dawn of a new era. What unfolded within those hallowed halls will echo far beyond Cambridge and inspire waves of change across continents. Here, we witnessed the rise of a generation destined to transform the very fabric of leadership and conflict resolution globally. Offering invaluable learning opportunities for our organizing team and delegates from every corner of the globe, the certification aimed to build a network of passionate individuals eager to serve their communities in innovative ways.

The organizing committee meticulously planned various sessions and activities to help delegates learn about leadership and teamwork while confidently expressing their views in line with the UNSDGs. The collaboration and unity displayed by every individual strengthened our mission to equip young leaders with the tools to develop empathy and resolve conflicts. Their dedication made our work easier and inspired optimism for the future, as we collectively laid the foundation for a more harmonious world. We are excited to continue this journey alongside you, building on our progress, and it was a pleasure to introduce our delegates to Cambridge's rich history and vibrant atmosphere, which we hope they found both educational and unforgettable.



BACKGROUND OF GLOBAL PEACE CHAIN

Global Peace Chain is an international platform dedicated to promoting peace, tolerance, and inclusivity among diverse communities worldwide. Founded with the mission to empower youth, the organization connects young leaders, activists, and change-makers, equipping them with the tools and skills needed to advocate for social justice and human rights. Through workshops, seminars, and community initiatives, Global Peace Chain develops a sense of responsibility in young individuals, encouraging them to actively contribute to peace building efforts and conflict resolution.

With a vision that transcends borders, the Global Peace Chain actively works to eradicate hate speech, violent extremism, and discrimination. By emphasizing the importance of education, dialogue, and mutual respect, the organization cultivates a new generation of peace ambassadors committed to creating lasting harmony and understanding within their societies.



INTRODUCTION TO LMCR

In line with Global Peace Chain's mission, the Leadership Management and Conflict Resolution Certification 2024 at Cambridge served as a pivotal event designed to equip the next generation of leaders with essential skills to navigate and address complex global challenges. This certification program brought together passionate individuals from around the world for intensive training focused on effective leadership, empathetic conflict resolution, and strategic communication. It successfully reflected Global Peace Chain's commitment to developing a new breed of leaders who are not only adept at resolving conflicts but also champions of peace in their communities.

By leveraging the rich academic environment of Cambridge University, the certification provided participants with invaluable insights and practical tools, enabling them to cultivate empathy, build trust, and promote collaborative approaches to conflict resolution. Through this initiative, Global Peace Chain aimed to inspire and empower youth to take actionable steps toward creating a more peaceful and harmonious world.



THEME OF THE EVENT:

Transcending Boundaries: Mastering Mindful Leadership and Conflict Resolution



AIMS:

1. To empower youth leaders from 80 countries with systematic conflict resolution and prevention mechanisms.
2. To train them in harnessing their cognitive and emotional intelligence to effectively de-escalate personal, regional, and global conflicts.
3. To enhance their leadership and motivational styles, integrating empathy and mental health awareness for themselves and others.
4. To promote cultural exchange and collaboration, and inspire delegates to implement their learnings in their respective communities.

DELEGATES' ARRIVAL AND CHECK-IN

As delegates began arriving from all corners of the globe a day before the certification, the excitement buzzing in the air was noticeable. The GPC organization team was ready and waiting, eager to greet each delegate with open arms, quickly helping them check into their rooms at Selwyn College Hostels, a historic place where famous Nobel laureates, brilliant scientists, and influential politicians once stayed.

The check-in was smooth and efficient, with every participant receiving a thoughtfully curated welcome package, packed with essential items, event schedules, and a few delightful surprises. Once settled, delegates gathered for an orientation session, where they were briefed on hostel etiquette and the standard operating procedures (SOPs) for their stay. The session provided crucial information about the available facilities, services, and emergency contacts, ensuring that everyone felt comfortable and well-prepared to navigate their time at the conference.



DAY 1



As Day 1 unfolded, the atmosphere buzzed with electrifying energy as participants gathered outside the grand auditorium, greeting each other like old friends reunited after years apart. The GPC team made registration a breeze, handing out welcome packs that felt like treasure chests filled with surprises. Delegates shared laughs and stories over steaming cups of coffee and fragrant tea, their voices mingling with the delicious scent of freshly baked cookies and flaky croissants, all while setting the stage for a journey of learning and collaboration that would be unforgettable.



Day 1 focused on **"Empowering Leadership & Innovation"** and officially began with an exhilarating welcome speech from GPC co-founder **Mr. Muhammad Ahmad**, who ignited the audience with a passionate overview of the certification's motivations, aims, and goals. His speech set the tone for the event, emphasizing the importance of leadership, collaboration, and the potential for young professionals to create lasting global impact. His enthusiasm encouraged all the delegates to embrace every moment of the three-day experience and fueled the auditorium with an air of excitement and camaraderie.

The spotlight then shifted to the day's keynote speaker, Adam Corbally. **Adam Corbally** is a renowned motivational speaker in business and education and a finalist on BBC's The Apprentice. Adam is also a public speaking coach and enterprise provider, known for his dynamic approach to leadership and personal development. With his extensive experience in entrepreneurship and public speaking, Adam's workshops have empowered countless individuals to pursue innovation and effective leadership in the business world.



Adam's morning session on **Leadership Management and Conflict Resolution** was nothing short of exhilarating. He captivated the room with his motivational speech, challenging the delegates to think critically about the significance of leadership, teamwork, and the role of trust in driving successful initiatives. His engaging style encouraged the participants to reflect on their personal leadership journeys and the impact they could make within their communities.

Adam's workshop on **Conflict Resolution Strategies** went beyond mere theory and provided delegates with practical tools for leadership management and conflict resolution. Through interactive role-playing exercises, participants learned how to navigate challenging scenarios, improve their conflict management skills, and resolve disputes effectively. The hands-on nature of the workshop allowed the delegates to test their newly acquired skills in real-time, creating an environment of active learning.



Later, Adam introduced the day's major challenge: delegates were split into teams of 10 members, with each group tasked with creating a business idea from scratch in just 45 minutes that would drive sustainable social change around the globe. Teams had to select a leader and work collaboratively to brainstorm and refine their ideas. As they dived into this high-pressure challenge, Adam's guidance and motivational words spurred them on, ensuring that the participants maintained their enthusiasm and focus.

Following a refreshing coffee break, teams continued their work during a session focused on Idea **Development and Monetization**. This segment gave delegates the opportunity to refine their concepts, exploring strategies for transforming their innovative ideas into sustainable business models.



These delegates weren't just the brightest minds from their countries; they embodied the very best of compassion and determination, willing to go to great lengths to make a positive impact in people's lives. It was truly inspiring to witness each team enthusiastically brainstorming their ideas, all while enjoying a delicious lunch spread organized by GPC.



After lunch, Adam led an interactive **Public Speaking and Communication Skills** workshop, which provided the delegates with essential techniques to improve their presentation abilities. Focusing on articulation, timing, tone, and body language, Adam demonstrated how mastering these skills can transform the delivery of a business pitch. The delegates participated in exercises designed to improve their confidence and presentation style, ensuring they were well-prepared for the upcoming pitch session.

In addition to that, insightful interviews with the delegates were conducted in a short break to engage them in discussions about their experiences and aspirations.

Later, the groups finalized their ideas and presented their business concepts to a panel of judges, showcasing their innovation and entrepreneurial spirit. Unsurprisingly, each group emerged with incredible concepts for social enterprises, but what truly stood out was their extraordinary sense of togetherness, not just within their teams but as a united assembly of delegates from 80 countries. Each team enthusiastically cheered for their peers, creating an uplifting atmosphere of support and mutual learning. From innovative sustainable textiles to dynamic digital marketplaces and initiatives to uplift marginalized local producers, every idea was delivered with fervor, extensive research, and ambitious impact predictions. The judges provided constructive feedback, praising the creativity and collaborative efforts of all participants.





The day concluded with the recognition of the most outstanding ideas. The top performers were celebrated with exquisite glass trophies, symbolizing their creativity and commitment to driving positive change in the world. The energy in the room was contagious, with participants feeling accomplished and eager to continue the journey on Day 2.



DAY 2



Day 2 commenced with delegates networking and celebrating each other's impressive performances from the previous day over a delightful breakfast. The air was thick with excitement as everyone eagerly anticipated another day filled with learning and growth.

GPC Director, **Mr. Usman Amjad**, took center stage to welcome the delegates back for an inspiring and insightful day ahead. He shared his awe-inspiring journey from a passionate student activist to a leading advocate for global peace, energizing the room and motivating the young delegates to push boundaries in their quest for positive impact. His words reminded the audience of the crucial importance of developing strong emotional intelligence (EI) and conflict management skills to become effective leaders in today's challenging global landscape.



Following his inspiring introduction, the spotlight shifted to the day's esteemed trainers: Chris Cook and Lysa Morrison.



Chris Cook, a Double Olympian, keynote speaker, and executive coach, is known for his expertise in leadership coaching and motivational speaking. With his extensive experience in navigating high-pressure environments, Chris brings invaluable insights into managing conflict through leadership and resilience.



Lysa Morrison, a Senior Lecturer and expert in emotional intelligence, is a qualified EMCC Master Coach, NLP Master Practitioner, and an accredited trainer. Her expertise spans across business strategy, behavioral science, and emotional intelligence which makes her a leading figure in helping individuals and organizations cultivate a culture of empathy, emotional awareness, and conflict resolution.

The day's focus was on **Mastering Emotional Intelligence (EI) to handle conflict**. Lysa began the first session by introducing the fundamentals of emotional intelligence and how it plays a vital role in leadership and conflict resolution. She guided the delegates through introspective exercises aimed at enhancing their self-awareness, helping them identify personal triggers and the early signs of brewing conflict.



In the session titled **"Self-Management in Conflict"**, Chris Cook took over and demonstrated practical techniques for managing emotions during heated situations. He led interactive role-playing exercises that allowed participants to navigate conflict scenarios in real-time. His personal anecdotes from his Olympic journey illustrated how managing emotions in high-stakes situations could lead to success, teaching the delegates how to remain true to their values and principles even in the midst of conflict.



Post-lunch, the focus shifted to **Social Awareness and Empathy**, led by Lysa Morrison. This session emphasized the importance of recognizing social cues and understanding others' emotional triggers to de-escalate potential conflicts. Through practical exercises, participants practiced empathy as a conflict resolution tool and gained insights into how understanding different perspectives can stimulate collaboration and harmony in both personal and professional relationships.



The day progressed with an engaging session on **Relationship Management and Conflict Transformation**. Chris and Lysa collaboratively guided delegates through strategies for transforming confrontation into opportunities for growth, emphasizing how effective leadership is often demonstrated in times of conflict. Exercises on trust-building and collaborative conflict resolution left participants with valuable techniques to apply in their personal and professional lives.



On this day, the energy in the auditorium shifted dramatically from Day 1; it became a space filled with emotion and vulnerability. Personal anecdotes and stories of conflict flowed freely as delegates shared the challenges they have faced or are currently navigating in their countries, workplaces, and personal lives. The atmosphere was charged with honesty, as delegates felt at ease pouring their hearts out in front of an audience of 120 people, creating a profound sense of connection.

Lysa and Chris played pivotal roles in guiding and motivating the delegates, emphasizing the importance of emotional intelligence as a powerful tool for preventing, de-escalating, managing, and resolving conflicts. Their expertise helped cultivate an environment where delegates could openly explore their emotions and experiences.



Partner and group discussions provided invaluable opportunities for delegates to break down, practice, and gain hands-on experience with various conflict management techniques. These interactions allowed participants to delve deeper into each other's lives, further strengthening the bonds of friendship formed throughout the program.



As the day progressed, coffee breaks became moments of camaraderie and reflection. The spread of herbal teas, coffee, cakes, and Danish pastries provided a warm setting for delegates to continue networking and sharing insights. In between sessions, delegates participated in interviews where they reflected on their personal growth, the skills they had acquired, and their aspirations for the future.



With the close of Day 2, participants were recognized for their outstanding ideas and presentations. Chris and Lysa's expert guidance, combined with the delegates' commitment to learning, left everyone feeling empowered and ready to take on the challenges of leadership and conflict resolution. As the day wrapped up with a group photo, the sense of accomplishment and growth was palpable. Delegates left the room not only with new skills but also with a profound sense of connection, ready to continue their leadership journeys.



DAY 3

Day 3 was dedicated to the transformative power of mindfulness as a vital technique for achieving larger goals and creating an exponentially higher impact. Iva Mia Kruslen, a renowned mental well-being and leadership coach, led the charge with a series of engaging and interactive sessions designed to refocus the delegates on the interconnectedness of mind, body, and soul.

The session kicked off with a deep dive into the significance of mental well-being in leadership roles. Iva emphasized that maintaining personal mental health is not only essential for leaders themselves but also plays a critical role in addressing and supporting the mental health of their team members. Through interactive discussions and practical exercises, participants explored how to create a supportive workplace culture and recognize early signs of mental health challenges. Iva guided the delegates through strategies for sustaining personal well-being, using real-world examples and case studies to illustrate the impact of mindfulness and adaptive leadership on both individual and team performance.



As a Certified Mindfulness Trainer and Adaptive Leadership Facilitator, **Iva Mia Kruslen** has worked globally to equip leaders with the tools to prioritize mental health while navigating the complexities of leadership in evolving environments. Her extensive expertise as a Certified Systemic Business Coach and author adds a holistic dimension to her training, blending mindfulness with practical leadership strategies.



The Intersection of **Mental Well-being and Adaptive Leadership** was the highlight of the day, where Iva introduced adaptive leadership techniques for navigating change while maintaining mental balance. Thought-provoking discussions unfolded as delegates examined how leaders can manage their own well-being while guiding teams through periods of transformation.



After a refreshing lunch break, the focus shifted to **Systemic Thinking in Conflict Resolution**. Iva's expertise in systemic coaching provided participants with a new lens to view conflicts within organizational dynamics. Delegates learned to apply systemic thinking approaches to conflict, analyzing the broader dynamics in team disputes and discovering how to use these insights for long-term resolution.

The day concluded with a practical application session where delegates worked on real-world scenarios and applied the concepts of systemic thinking and adaptive leadership. Group activities provided hands-on experience which allowed participants to reflect on their own leadership styles while practicing the strategies they had learned throughout the day. Iva's guidance helped delegates not only deepen their understanding of mental well-being in leadership but also equipped them with adaptive strategies to face challenges head-on.



During the break, delegates had the opportunity to participate in brief interviews, sharing their insights and experiences from the event. Meanwhile, they enjoyed a refreshing selection of coffee, herbal tea, and an assortment of delicious cakes, providing a perfect moment to recharge and network.



To wrap up the event on a high note, a fun-filled cultural program was organized by the GPC team, designed to deepen the sense of connection among delegates through the celebration of arts and culture. The stage came alive with an electrifying flute performance by a talented Taiwanese delegate, captivating everyone in attendance. This was followed by a soulful rendition of a classical Hindustani song from the 1960s, performed live by Ramika Prajapati from India. She skillfully translated the song's meaning into English during interludes, enriching the musical experience for all delegates and bridging cultural gaps through the power of music.



The grand finale featured a mesmerizing Arabic music and dance performance by a group of delegates, which radiated joy and energy. Their infectious enthusiasm pulled others onto the stage, leading everyone in a spontaneous celebration of unity as they sang and danced together, hand in hand. The cultural program not only showcased diverse talents but also developed a sense of camaraderie, leaving delegates with unforgettable memories of shared joy and cultural appreciation.



As the event came to a close, delegates exchanged heartfelt handmade gifts and souvenirs, symbolizing the beginning of lifelong friendships, solidarity, and unwavering support for one another. A shared commitment to ending wars, resolving global conflicts, and establishing sustainable peace filled the atmosphere, uniting everyone in a powerful mission.



The atmosphere was filled with excitement and pride as the certificates were distributed, recognizing the hard work and dedication of each delegate throughout the program. The moment everyone had been waiting for arrived with the announcement of the Best Student of the Batch award, which included a generous \$500 voucher as a reward for outstanding performance. This recognition not only celebrated individual achievement but also inspired all participants to strive for excellence in their journey towards leadership and positive change.



Over the three days, the GPC team ensured that each meal was a delightful experience, served with love and care. Organizing meals that would satisfy the diverse tastes of 80 countries was no easy feat, yet GPC rose to the occasion magnificently, creating an inclusive dining experience for all. Throughout the event, the GPC team actively engaged with delegates, seeking feedback and swiftly implementing improvements to enhance the overall experience.



KEY TAKEAWAY

1. Training and equipping youth leaders with effective conflict management techniques is essential for shaping a brighter future for global peace.
2. Collaboration among young global leaders is vital for the prevention and de-escalation of regional conflicts, both now and in the future.
3. Standing in solidarity and support across borders promotes a culture of understanding that can pave the way for lasting global peace.
4. Empathy is a transformative skill that young leaders can develop, enabling them to navigate



ACHIEVEMENTS OF LMCR

1. Brought together the brightest youth peace activists from around the globe, empowering them with clearer visions, resilient minds, and compassionate hearts.
2. Strengthened the dedication to global peace by underscoring the critical role of dialogue and empathy in conflict resolution and the cessation of wars.
3. Unified 120 influential peace delegates from 80 diverse countries, cultivating a collaborative long-term vision and mission for enduring peace.

FEEDBACK AND TESTIMONIALS FROM DELEGATES

Delegates expressed gratitude for the opportunity to learn and grow together. Many highlighted the impactful sessions on emotional intelligence and conflict resolution as transformative experiences.



FUTURE RECOMMENDATIONS AND NEXT STEPS

1. Continue promoting collaboration among delegates through follow-up workshops and networking opportunities.
2. Explore partnerships with organizations focused on peacebuilding and conflict resolution.
3. Develop a resource hub for delegates to access materials and tools learned during the conference.

